

QIB COVID RISK ASSESSMENT					
Area/Unit/Department: QIB		Completed by: Sam Lister		Date: 01.03.22	
Activity: Science and support activities		Approved by: Reg Wilson		Review date: 28.02.23	
Hazards	Who might be harmed and how?	What is already being done to control the risk?	Are further controls needed?	Additional Actions	Priority
Getting or spreading coronavirus by not washing hands or not washing them adequately	Workers Contractors Delivery drivers coming to site Visitors	<p>Norwich Bioscience Institutes (JIC, EI, TSL, QIB) are COVID-Safe workplaces, this is communicated in Local Rules and the organisational Safe Working Requirements.</p> <p>The institute guidance and related documents are regularly reviewed and updated if any significant changes occur and updated versions are shared with all workers.</p> <p>The organisational COVID risk assessment is displayed on the internet site the organisation.</p> <p>Additional guidance is available from the HSE e.g. HSE guidance on cleaning, hygiene and hand sanitiser</p> <p>Water, soap and drying facilities are provided at various points (in toilets or washing stations). Additional hand sanitiser stations are provided to ensure quick and easy access to hand hygiene facilities.</p> <p>Hand sanitiser is provided for the occasions when people can't wash their hands</p> <p>Information is provided on how to wash hands properly and is shown on posters</p>	Yes	Perform monitoring to check COVID-Safe arrangements are in place and being observed.	High
				Regularly refresh signage.	Medium
				Provide reminders to workers about the need to wash or sanitise hands (email updates and other virtual communications)	High
				Delivery areas to provide a hand sanitiser station to be used by drivers if necessary.	High
				Remind workers to check their skin for dryness and cracking and tell them to report to Occupational Health if there is a problem	Medium
Getting or spreading coronavirus in	Workers Visitors	Institute guidance and HSE guidance are provided.	Yes	Conduct monitoring and supervision to make sure people are following the	Medium

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<p>common use high traffic areas such as canteens, corridors, rest rooms, toilet facilities, entry/exit points to facilities, lifts, changing rooms and other communal areas</p>	<p>Contractors Drivers coming to NBI</p>	<p>Safe arrangements are in place in welfare facilities, canteens etc which consider: Identification of:</p> <ul style="list-style-type: none"> ➤ areas where people will congregate, e.g. rest rooms, canteens, reception, meeting rooms, tea points, kitchens etc. ➤ areas where there are pinch points where social distancing is difficult e.g. narrow corridors, doorways, customer service points, storage areas ➤ touchpoints (areas and equipment) that many people will touch, such as in kitchens e.g. kettles. ➤ areas and surfaces that are frequently touched but are difficult to clean ➤ communal areas where air movement may be less than in other work areas, e.g. kitchens with no opening windows or mechanical ventilation <p>Controls have been put in place to reduce the risks.</p> <ul style="list-style-type: none"> ➤ Agreeing maximum occupancy for rooms 		<p>controls Near-miss reporting to health.safety@nbi.ac.uk Face mask wearing is compulsory inside the labs and offices Staff can register positive tests and ask questions at covid@quadram.ac.uk. The account is monitored daily by the Director of Operations (only)</p>	<p>Medium Medium</p>

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		<ul style="list-style-type: none"> ➤ reorganising facilities in communal areas, such as spacing out tables so social distancing rules can be met ➤ Putting in place, where possible, physical impervious barriers (e.g. Perspex screens) to reduce contact ➤ Increasing the use of online meeting facilities ➤ where practical leaving non-fire doors open to reduce the amount of contact with doors and also potentially improve workplace ventilation ➤ providing storage areas for people to keep personal belongings in so that they aren't left in the open ➤ keeping surfaces, such as kitchen surfaces and tables in communal areas clear, making cleaning easier ➤ providing washing facilities and hand sanitiser stations at accessible places, particularly in high traffic areas such as entrances and exits and at the canteen ➤ putting signs up to remind people to wash and sanitise hands and not touch 			

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		<p>their faces</p> <ul style="list-style-type: none"> ➤ cleaning regimes to ensure high traffic communal areas are kept clean 			
Getting or spreading coronavirus by not cleaning surfaces, equipment and workstations	Workers Visitors Contractors Delivery drivers coming to NBI	<p>Providing institute guidance and the HSE guidance on cleaning, hygiene and hand sanitiser</p> <p>Ensuring enhanced touchpoint cleaning.</p> <p>Training people how to put on and remove personal protective equipment (PPE) that is used for normal work hazards and how to keep it clean</p> <p>Providing non PPE face masks for COVID protection</p> <p>Avoiding sharing work equipment where possible, cleaning regimes between each user</p> <p>Reducing the contact of people with surfaces, e.g. by leaving open doors that are not fire doors, providing contactless payment, using electronic documents rather than paperwork</p> <p>Ensuring the cleaning of areas to prevent the spread of coronavirus, e.g. canteens, rest areas, welfare facilities, vehicles</p> <p>Providing coronavirus validated disinfectant spray and wipes, with instructions for use</p> <p>Keeping surfaces clear to make it easier to</p>	Yes	<p>Monitoring and supervision to make sure people are following the controls.</p> <p>Document the cleaning regimes</p> <p>Provide instruction and training to people who need to clean. Include information on:</p> <ul style="list-style-type: none"> ➤ the products they need to use ➤ precautions they need to follow ➤ the areas they need to clean 	<p>Medium</p> <p>High</p> <p>High</p>

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		<p>clean and reduce the likelihood of contaminating objects</p> <p>Providing more bins and empty them more often.</p> <p>Providing areas for people to store personal belongings and keep personal items out of work areas.</p> <p>Cleaning items like reusable boxes regularly</p> <p>Communicating the arrangements if someone develops symptoms of coronavirus at work or tests positive.</p>			
Mental health and wellbeing affected through isolation or anxiety about coronavirus	Workers	<p>Follow HSE guidance on stress and mental health. The organisational stress risk assessment is regularly reviewed.</p> <p>Regular keep in touch meetings/calls are scheduled with workers at home to talk about any work issues</p> <p>Open communication with workers about the possibility that they may be affected and tell them what support is in place and how to raise concerns or who to talk to.</p> <p>Workers are involved in completing risk assessments so they can help identify potential problems and identify solutions.</p> <p>Workers are kept regularly updated on what is happening, so they feel involved and</p>	Yes	<p>Providing additional support information such as NHS guidance for mental health and wellbeing in the pandemic https://www.nhs.uk/every-mind-matters/ Mental Health and Wellbeing on the intranet and local resources) Wellbeing service website is available for workers</p> <p>Reminding workers that support is also available from the person's GP</p> <p>Occupational health</p>	High

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		<p>reassured.</p> <p>Issues such as fatigue are discussed with employees and make sure they take regular breaks, are encouraged to take annual leave, set sensible working hours</p>		<p>management referral is possible if personal stress and anxiety issues are identified</p> <p>NBI Employee assistance programme is available, and workers are encouraged to use it to talk through supportive strategies</p>	
Contracting or spreading the virus by not social distancing	<p>Workers</p> <p>Contractors</p> <p>Delivery drivers to/from the workplace</p> <p>Visitors</p>	<p>Following the institute guidance on social distancing as well as Government guidance</p> <p>Ensuring risk assessments are in place and approved by a competent person.</p> <p>Control measures can include:</p> <ul style="list-style-type: none"> ➤ enhancing cleaning regimes ➤ increasing in hand washing ➤ limiting the amount of time people spend on the task ➤ placing workers back-to-back or side-by- side rather than face-to-face when working ➤ ‘cohorting’ work teams so they consistently work together ➤ improving ventilation by opening non-fire doors and windows ➤ Displaying signs to remind people to 	Yes	<p>Arrangements to monitor and supervise to make sure social distancing rules are followed.</p> <p>Provide information, instruction and training to people so they understand and are reminded of what they need to do</p> <p>Provide signage and ways to communicate to non-employees what they need to do to maintain social distancing</p>	<p>Medium</p> <p>High</p> <p>High</p>

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		<p>socially distance</p> <p>Workers can be kept safely apart in line with social distancing rules by</p> <ul style="list-style-type: none"> ➤ using marker tape on the floor ➤ holding meetings virtually rather than face- to-face ➤ limiting the number of people on site at one time ➤ rearranging work areas and tasks to allow people to meet social distancing rules 			
Musculoskeletal disorders as a result of using DSE at home for a long period of time	Workers	<p>Following guidance on display screen equipment in the HSE Protect homeworkers page and institute guidance; https://intranet.nbi.ac.uk/cms/6508. for workers working remotely.</p> <p>Reminding workers there is no increased risk for people working at home temporarily, but if this arrangement becomes long term the risks should be assessed.</p> <p>Providing information for all people working at home using display screen equipment (DSE);https://intranet.nbi.ac.uk/cms/6508. Covering how to protect themselves, e.g. take regular breaks, stretching exercises, set the equipment up properly</p>	Yes	Regularly review workers home working arrangements.	High

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		Preparing a DSE assessment for people working at home longer term. Identify what equipment is needed to allow workers to work safely at home.			
Poor workplace ventilation leading to risks of coronavirus spreading	Workers Contractors	<p>Follow CIBSE guidance on heating ventilation and air conditioning (HVAC)</p> <p>Opening windows and doors (that are not fire doors) to help improve natural fresh air ventilation</p> <p>Assessing if you need additional ventilation and provide appropriate COVID safe solutions, e.g. mechanical ventilation, desk fans, air movers etc.</p> <p>Use of CO₂ monitoring to check local ventilation arrangements</p> <p>Switch heating, ventilation and air conditioning (HVAC) systems to drawing in fresh air, rather than recirculating air</p>	Yes	Maintain air circulation systems in line with manufacturers' recommendations	High

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Increased risk of infection and complications for vulnerable workers	Workers	Providing appropriate guidance and support for workers who would be at higher risk , due to underlying health conditions e.g. pregnancy , or people with symptoms of coronavirus. Conducting risk assessments with workers who are at particular risk.	Yes	Put systems in place so people know when to notify that they fall into one of these categories, eg they start chemotherapy or are pregnant Providing additional guidance and support when there are significant changes e.g. new variants of concern	High High
Exposure to workplace hazards because it isn't possible to get normal personal protective equipment (PPE)	Workers	Following the HSE guidance on PPE during the outbreak Identifying tasks where exposures to hazardous workplace substances may happen and put in place control measures to protect people and PPE for residual risk. Ensuring substitution or engineering controls are put in place in the first instance Identifying which tasks need PPE and specify the right protection factor needed for those tasks Where required, ensure that those using RPE are face-fit tested . Contact: occupational.health@nbi.ac.uk for further advice. Where supplies are difficult to obtain put in place controls suitable to your workplace	Yes	Review PPE supplies regularly and take action promptly to avoid running out	High

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		<p>Please note – face coverings are not PPE. There are some circumstances when wearing a face covering is required as a precautionary measure. There is more advice on face coverings on GOV.UK.</p>			
Workers (staff and students) not using COVID test kits provided by the organisation and not taking COVID vaccination	<p>If testing is not conducted workers (staff and students) may come to work when asymptomatic or pre-symptomatic with COVID-19 infection. Other workers would then be at risk from COVID-19 communicable disease transmission.</p> <p>Workers (staff and students) would be at higher risk from harm from COVID-19 infection if they are not vaccinated. Although it is recognised that no vaccines are 100% effective.</p>	<p>COVID-19 asymptomatic testing kits are made available for workers (staff and students) on site. Test kits are also available from Pharmacies and on-line.</p> <p>Regular e-mail reminders and communication updates are given to workers to remind of the arrangements for COVID-19 testing.</p> <p>Vaccination is currently being delivered by the NHS to all eligible groups.</p> <p>Providing additional guidance and support when there are significant changes e.g. new variants of concern.</p> <p>COVID-Safe control measures on site are not reduced due to the availability of COVID-19 testing or vaccination.</p>	Yes	Regularly remind workers of the availability of COVID-19 asymptomatic test kits.	Low